

From the Volcano to the Pacific:

Volcano, Hot Springs, Rainforest, Ziplines, Waterfalls, Beaches, Rivers, Culture!
This 10-day adventure maximizes your ability to get off the beaten track, to spot wildlife and to experience the culture with your own bilingual naturalist guide/driver for 8 days.

Day 1

Welcome to Costa Rica!

An ACTUAR representative will meet your plane and take you to Hotel La Rosa de América in Alajuela, about 15 minutes from the airport.

Services included

Transfer from airport to La Rosa de América
Lodging at La Rosa de America including breakfast

Day 2

To the volcano!

Leave around 8 a.m. to go to Arenal Volcano, about a 3.5-hour drive from Alajuela. Explore the rainforest reserve and frog ponds at Arenal Oasis. That evening, enjoy a relaxing soak and dinner at Ecotermales Hot Springs.

Services included

Breakfast at La Rosa de América
Guide/driver and expenses
Lodging at Arenal Oasis or La Catarata
Ecotermales including dinner



Day 3

Enjoy Arenal's ziplines and hanging bridges

Do the Skytrek canopy zip line in the morning. Those who don't want to zip can go up to the platform in the electric tram, and take a nature walk, then come down again on the tram. In the afternoon, go hiking at Arenal Hanging Bridges, a series trails connected by thirteen narrow metal bridges that span beautiful forested ravines.

Services included:

Guide/driver and expenses
Lodging at Arenal Oasis or La Catarata including breakfast
Skytrek
Entrances to Arenal Hanging Bridges

Day 4

To Manuel Antonio!

Your guide will take you to the beautiful beaches of Manuel Antonio. Go surfing at Playa Espadilla.

Services included

Bilingual naturalist guide/driver and expenses
Lodging at Costa Verde including breakfast

Day 5

See wildlife where the rainforest meets the beach!

Visit famous Manuel Antonio National Park to see monkeys, iguanas, birds and beautiful views from Cathedral Point.

Services included:

Bilingual naturalist guide/driver and expenses
Lodging at Costa Verde including breakfast
Park entrance fees

Day 6

Relax.....

Spend the day at the beach, go fishing, explore the area with your guide, or just relax around the pool at your hotel.

Services included:

Bilingual naturalist guide/driver and expenses
Lodging at Costa Verde including breakfast

Day 7

Experience the rain forest at Los Campesinos Reserve!

Your guide will take you to Los Campesinos Reserve, in the hills about an hour and a half from Manuel Antonio. Once you arrive, learn the uses of the plants, trees and flowers in a hike through the rainforest. At one point along the trail, you will zip across a forested gorge in an *andarivel*, the local form of "rapid transit". When you get to the *mirador* you'll have a beautiful view of Playa del Rey, south of Manuel Antonio. Hike back to the lodge and enjoy delicious local cuisine for lunch. Walk across the suspended bridge next to a 240-foot waterfall, swim in pristine waterfall pools. Have dinner and stay overnight at Los Campesinos.

Services included:

Bilingual naturalist guide/driver and expenses

2-night tour to Los Campesinos including 4WD transportation from Brisas del Nara

Day 8

Learn about campesino life

Visit the village and get to know the people. Visit the sugar mill to see how sugar cane is processed into the delicious hard brown sugar called *tapa dulce*. Swim in the swimming holes. That evening, enjoy a barbecue at Don Victor's farm.

Services included

Bilingual naturalist guide/driver and expenses

2-night tour to Los Campesinos including village and sugar mill visit and barbecue

Day 9

Hike and raft out!

After an early breakfast, hike about an hour to the Savegre River with your local guide. Cross the river in a rural aerial tram. On the other side of the river, the rafting company will pick you up at the "Pulpería de Don Seferino" and take you by jeep into the wilds of Costa Rica's tropical jungle, with breathtaking scenery of the more remote areas of the Savegre, to get to the starting point of the rafting trip.

The Savegre River provides Class II, III and some IV rapids that are manageable in sturdy rafts that accommodate 2 to 6 people comfortably. Your river guides will stop at locally known swimming spots and breathtaking waterfalls, if the rafters want a break from paddling, and there is always time to enjoy the abundant variety of wildlife along the river. On most trips, rafters will observe egrets, osprey, toucans, parrots, kingfishers, cormorants, and many other species local to this protected area.

After a steady 13-mile trip down the river, you will wind your way to the village of El Silencio where a hot Tico style lunch and local refreshments will be waiting.

This trip is good for adults and children over 8 years of age who are relatively fit for paddling. Wear or bring sturdy sandals or water shoes, a bathing suit, sun block, insect repellent, a towel, and an extra change of clothes in ziplock bags. Prepare to get wet! Leave your cameras with your ACTUAR guide.

The rafting trip includes: lunch, bilingual guides, safety kayakers, all equipment needed, security, snacks and drinks. Once fed, happy and well-traveled, your ACTUAR guide will meet you at El Silencio and take you back to La Rosa de América.

Services included

Breakfast at Campesinos

Bilingual naturalist guide/driver and expenses

Savegre rafting trip including lunch

Lodging at La Rosa de América including breakfast

Day 10

Come back soon!

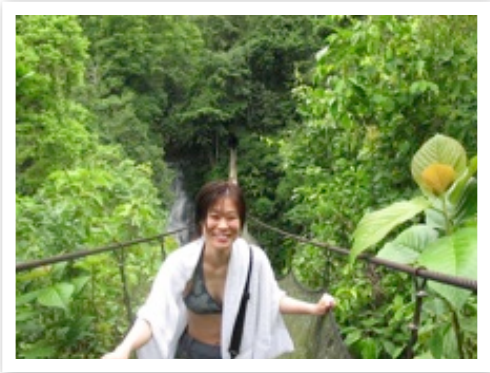
An ACTUAR driver will pick you up at your hotel in time to get you to the airport 2.5 hours before your return flight. Fly home with happy memories of Costa Rica!

Services included:

Breakfast and transfer to airport

NOTE: There is an exit tax of \$26 per person, payable at the airport before you check in. It can be paid in dollars, *colones*, a combination of the two, or with a debit card. It can also be paid with a credit card, but will be charged as a cash advance.

*All of our ecotours can be customized to meet your interests, budget, and time frame.
See next page for prices.*



From the Volcano to the Pacific Prices and Family Discounts

Minimum 2 adults	Price per person
In double occupancy	\$2535
In triple occupancy	\$1885
In single room	\$3065
With one child 9-11	\$1821
With two children 9-11	\$1465

Discounts for more than four

Let us know if there are more than four people in your party. The price per person will go down.

Prices valid through November 30, 2012, EXCEPT for travel during Christmas and Easter weeks. Contact us for repricing during those weeks.
beatrice@keytocostarica.com

Your private guide/driver: an incredible value

Kids love them: Kids love our bilingual naturalist guide/drivers because of their friendly, fun-loving attitude, and parents love them because of their kindness and their ability to teach about all things Costa Rica!

Peace of mind: Your family will have a guide all to yourselves for as many days as you want during your tour, so you can avoid the hassles that come with traveling with large groups of strangers. Your guide knows the ins and outs of each destination, so you'll have the peace of mind of knowing that your family is safe and well-cared for.

Hassle-free transportation: Getting around can be tricky in Costa Rica, but it becomes fun and hassle-free with your private guide/driver. You can stop where you want, whenever you want, giving you more freedom to respond to needs and for off-the-beaten-path exploration.

Flexibility: If you and your spouse want to walk along the beach and the kids are not interested, your guide can take them back to the hotel and keep them safe and entertained.

Personal connection: Best of all, your guide is your personal connection not only to nature, but to the culture of the fascinating destination you are visiting. Our professional guides make our trips unforgettable!

To sign up, contact beatrice@keytocostarica.com

